U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

FORM LM-30 LABOR ORGANIZATION OFFICER AND **EMPLOYEE REPORT**

Form approved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.



READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

1. File Number U - 3202	2. Fiscal Year Covered From:		
-	1 / 1 / 2004 Through: 12 / 31 / 2004		
3. Name and address of person filing.	4. Name, file number, and address of labor organization.		
Name REGINALD J RIGGINS	Name NATIONAL POSTAL MAILHANDLERS UNION - LOCAL 310		
	Labor Organization File Number 092-080		
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any		
Street 675 EVANS STREET	Street 675 EVANS STREET		
City ATLANTA	City ATLANTA		
State Georgia ZIP Code + 4 20303-27	752 State Georgia ZIP Code + 4 30310-2752		
5. Position in labor organization. BRANCH PRESIDENT			
A. Held an interest in, engaged in transactions (including loans) wit monetary value from an employer whose employees your organ	nization represents or is actively seeking to represent.		
Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.		
Name	3		
Trade Name, if any:			
P.O. Box, Bidg., Room No., if any			
	7.b. Amount.		
Street			
City			
State ZIP Code + 4			
	Signature		
15. Signature and verification. The undersigned declares, under pena submitted in this report (including the information contained in any accor undersigned's knowledge and belief, true, correct, and complete. (See to	alty of Perjury and other applicable penalties of the law, that all of the information mpanying documents), has been examined by the signatory and is, to the best of the the section on penalties in the instructions.)		
Signed . Signed	On 7/8/05 (404)-349-5050 Date Telephone Number		
Form LM-30 (2003)			

Name of Person Filing REGINALD RIGGINS	File Number U- 3202			
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.				
8. Name and address of Business (including trade name, if any). Name PJC GROUP Trade Name, if any: P.O. Box, Bkdg., Room No., if any SUITE 1525 Street 55 MARIETTA STREET City ATLANTA State Georgia ZIP Code +4 30303	9. Business deals with: a. Labor Organiza b. Trust c. Employer	tion		
10. If 9.b. or 9.c. is checked give trust or employer's name. Name Trade Name, if any: P.O. Box, Bldg., Room No., if any	11.a. Nature of such deal PJC GROUP, IS THE NPMHU - LOCAL 310	ng. CERTIFIED PUBLIC ACCOUNTANTS FOR		
Street City State ZIP Code + 4	I 1			
	12.b. Amount.	Repres - \$26		
C. Received from any employer (other than an employer covered under from any labor relations consultant to an employer any payment of money 13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any). Name Trade Name, if any: P.O. Box, Bidg., Room No., if any Street				
City State ZIP Code + 4 13.b. Is the Business an Employer or Consultant ?	14.b. Amount of payment.			

Name of Person Filing REGINALD RIGGINS	File Number U- 3262		
B. Held an interest in or derived income or economic benefit with monetary visubstantial part of which consists of buying from, selling or leasing to, or other of an employer whose employees your labor organization represents or is ac (2) any part of which consists of buying from or selling or leasing directly or indealing with your labor organization or with a trust in which your labor organization.	erwise dealing with the business ctively seeking to represent, or indirectly to, or otherwise		
8. Name and address of Business (including trade name, if any). Name FIRST HEALTH Trade Name, if any: P.O. Box, Bldg., Room No., if any Street 3200 HIGHLAND AVENUE City DOWNERS GROVE State Illinois ZIP Code + 4 60515 10. If 9.b. or 9.c. is checked give trust or employer's name. Name Trade Name, if any: P.O. Box, Bldg., Room No., if any Street City Street City Street City	9. Business deals with: A. Labor Organization		
State ZIP Code + 4	AUGUST 22 THRU 28, 2004, SIX BUFFET DINNERS (NOT SURE OF THE EXACT AMOUNT), AND DUFFLE BAG. BEST ESTIMATE 270.00		
	12.b, Amount.		
C. Received from any employer (other than an employer covered ur or from any labor relations consultant to an employer any payment of mon	nder parts A and B above) ney or other thing of value.		
 Name and address of Employer or Labor Relations Consultant (including trade name, if any). 	14.a. Nature of payment.		
Name			
Trade Name, if any:			
P.O. Box, Bldg., Room No., if any			
Street City			
State ZIP Code + 4	14.b. Amount of payment.		
13.b. Is the Business an Employer or Consultant ?	14.0. Amount of payment		